
JANUARY 1990

Past Events

LITTLE BAY

Sunday 14th January

Beydon Sherwood was the only keen diver to venture out on this overcast, windy day. However when his girlfriend decided she wasn't so keen, Beydon decided to dive with Pro-Dive instead and managed to make a very interesting day out of what started out looking like a very bleak one!

What's next

ULLADULLA

Friday 26th to Sunday 28th January (Australia Day Long Weekend)

We will be camping at the 'Ulladulla Caravan Park' (Ph: (044)522-457) on Thursday, Friday and Saturday nights. *Please note:* It is the responsibility of each club member to pay his own camping fees.

Directions: Take the first street (South Street) on the left after passing the "Marlin" Hotel at Ulladulla.

The gates to the camping area will be closed at 10:30pm.

Cost: \$75.00 for 5 dives.

Tanks can be filled between dives at the Ulladulla Dive Shop. We will be diving with the Ulladulla Dive Shop (Ph: (044)555-303 - Rob Thorman). For bookings, ring Geoff Sanders on 526-2424(H) or 211-2499 (W). First dive will be at 7:30 from the wharf at Ulladulla Harbour.

NORAH HEAD

Saturday & Sunday 17th & 18th February.

We will be camping at the Norah Head Caravan Park (Ph: (043)963-935) on Friday and Saturday nights.

Please note: It is the responsibility of each club member to pay his own camping fees.

Directions: Turn off the northern freeway at the "Toukley" exit (Sparks Road) and proceed through Toukley to Norah Head. The camping area is in Victoria Street. The first dive is at 8:00am from the "Cabbage Tree Harbour" boat ramp.

Cost: \$50.00 for three dives.

Tanks can be filled between dives. A B.B.Q. will be organised at the dive shop on Saturday night - all food provided \$2.00 per head. For bookings, ring Geoff Sanders. The charter boat that we will be using belongs to the Norah Head Dive Shop (Ph: (043)963-652 - Brian English).

17TH ANNIVERSARY DINNER

Wednesday 21st February.

The 17th Anniversary of the founding of our club will be celebrated by holding a dinner at the sailing club. All members and their friends are welcome to come along. The dinner will consist of your selection of the following: Roast turkey, Lamb, Beef, Pork, Ham with vegetables and/or salad. Also included is soup, bread rolls, sweets, coffee or tea, as well as wine with the meal. Cost will be \$10.00 per person. Please ring Geoff Sanders if you wish to attend.

Coming Up

PORT HACKING

Sunday 4th March

Cost \$15.00. Bookings will commence at the February Club Meeting, and afterwards by ringing Geoff Sanders.

NIGHT DIVE SHIP ROCK

Friday 9th March. 7:00pm

JERVIS BAY

Saturday and Sunday 17/18th March

Cost: \$55.00 for three dives. Bookings will commence at the February Club Meeting.



Special News

SENIOR RESUS COURSE

4 x Wednesday nights, March 14th, 21st, 28th, April 4th.

Cost \$10 per member. 7:30pm - 9:30pm at Sutherland Hospital. (Held in the education centre - enter through back carpark, follow walkway to hospital to a small brick building). Course covers: heart-lung resus, CPR, patient assessment. Anyone interested should contact John Gordon on 588-7268 (H) to reserve a place. Definitely worth attending!

Special thanks to John Gorton for showing his slides of Reef Trek. Anyone else who has any interesting photos (about diving that is!) might like to contact the committee.

Please note:

Our February Club Meeting will be held in the dining room at Georges River Sailing Club on Wednesday 21st February at 7:00pm sharp!

We have not had many divers booked in for the Resus Course organised by the club. We would like to remind all club members that this is a perfect opportunity for all members to learn about and understand the importance of safety in diving. Also these courses are all heavily subsidised by the club to incur minimum cost to our members. Contact John Gordon on 588-7268 if you wish to book or find out more details.

Congratulations to Vickie and John Montgomerie who were married on the 16th January. Vickie and John will be going back to New Zealand to live soon and hope to continue another branch of the S.G.S.C. over there.

Al Barning and Jan Baetz will also be leaving us soon. They are going to sail the world on their new boat. Al has been a long time member of the Club and there are a lot of members who will be sad to see him go! We wish them all the best of luck on this exciting venture and hope to get lots of letters on the progress of the trip.

The next meeting will be held at the Georges River Sailing Club on Wednesday 21st March 1990, at 8:00 pm

M A R C H ' 9 0

Past Events

PORT HACKING

Sunday 4th March

We went out with Les Caterson to the south of Barons Hut near Rock Fall. Dived at about 60' with vis clearing to about 20' at the bottom. Lots of sponges, cuttlefish and large red morwong were seen. It was a beautiful day for the seven members who attended rounding it off with a lunch at Gibbon of course.

SHIPROCK (Night dive)

Friday 9th March

A clear warm night for a top night dive. 7 members turned up for this dive and had the luck to see one large blue swimmer crab, 1 mud crab, 1 large flounder, as well as leatherjackets, hermit crabs, catfish and soft corals feeding. They even had time to squeeze in a visit to the bubble cave. Good ol' shiprock - never disappointing!

JERVIS BAY

Sat./Sun. 17th-18th March

Lots of thanks to Glen Millott (member) who saved the day when Pro-dive let us down and couldn't supply a boat for the weekend. First dive was off Point Perpendicular - Pyramid rock. Wow - vis was about 80', water calm and we saw heaps of fish. Second dive on Saturday was off Bowen Island. Once again really clear water and lots to see. A barbeque on Saturday night rounded off the social side with Glen and Wendy even dropping in for a roadie. All round a great weekend with top diving.

Whats Next

WRECK DIVE - "VALIANT"

Sunday 1st April

We will be diving on the wreck of the "Valiant", which lies in approximately 26 m of water, off Barranjoey Head. Meet at 11:00am at the dive shop in Governor Phillip Park, Palm Beach. An U/W torch will be useful on this dive. The charter boat we will be using belongs to "Atlantis Divers" (Ph: 919-4261 - Mike Buesnel) Bring some meat for the BBQ after the dive. For further information or bookings, ring Geoff Sanders on 526-2424 (H) or 211-2499 (W). Cost: \$20.00

SOCIAL ACTIVITY

Saturday 7th April

We are having a party to send off John & Vikki and Al & Jan, at Rodger Clark's house at 758 Forest Road, Peakhurst. Bring your own meat and drinks. Salads and nibbles will be provided by the Club. If you have any favourite tapes we will be only too happy to play them. Party starts at about 6:00pm, so hope to see lots of members come along (friends welcome).

CURRARONG

Friday 13th to Monday 16th April (Easter)

We will be camping at the Currarong Caravan Park (044 483-027) on Thursday, Friday, Saturday and Sunday nights. Camping fees will cost \$15.00 for four nights. Directions: Turn off the Princes Highway, south of Nowra at the "Leprechaun" Hotel and follow the Currarong signs to caravan park. Our campsite is on the left side of the main road. After passing through the boom gate, turn left and proceed to the end of the road, we will be camping on a slight hill near the BBQ's. Bring some food suitable for BBQing. If arriving late at night, collect a gate entry card from someone at the campsite, rather than calling at the office.

1st group will be leaving Bosom Beach at 7:30am

2nd group will be leaving Bosom Beach at 9:30am.

Tanks can be filled at the caravan park. Cost: \$65.00 for four morning dives (afternoon dives extra). For bookings, ring Geoff Sanders.

Coming Up

TERRIGAL

Saturday & Sunday 28/29th April

Cost: \$50.00 for three dives. Dive with the sharks!!!

SHELLHARBOUR

Sunday 13th May

Cost: \$25.00 for two dives

Bookings for the above two dives will commence at the April Club Meeting, and afterwards by ringing Geoff Sanders.

The next meeting will be held at Georges River Sailing Club on Wednesday 18th April at 8.00 pm.

APRIL 1990

Past Events

NORAH HEAD

Sun, 24th/25th March

Another successful and wonderful weekend. We are getting spoilt. Diving near the lighthouse was a good dive, however Victor and Beydon might appreciate new compasses or underwater metal detectors after missing the anchor rope and well on their way to a free trip to Tasmania!

Geoff and Dave had their BEST DIVE EVER. There was a drop off from 40ft to 80ft, and here's what they saw, Tassy Trumpeters a couple of feet long, Black Drummer, Silver Drummer, Jewfish 5ft long, thousands of Bonito circling them, Jewfish 4-5ft long about 10 feet away, and all these were in schools. As well as a 5-6 ft Marlin in the distance, which got closer with the telling. The B.B.Q. that night was heaps of fun and it rained only at night, not during the day. Don't miss the next Norah Head weekend!!!

WRECK DIVE - THE VALIANT

Sunday 1st April

There had been heavy rain prior to the dive, but the day was fine, and the sea flat. Vis was about 40' and there was no current. Divers could see all the wreck from halfway down the anchor. The wreck was home to schools of Kingfish, Yellowtail and Wobbegongs. B.B.Q. and guzzling followed.

SOCIAL ACTIVITY

Saturday 7th April

Farewell B.B.Q. for John & Vickie and Al & Jan.

Apart from two guests of honour who couldn't make it, we had a great night. NO RAIN ! 35 intrepid souls made merry and the vis was good until the vino got low. Thanks to Rodger for allowing the abuse of his house and to Carol & Judy for the food.

CURRARONG -EASTER LONG WEEKEND

Friday 13th-Monday 16th April

The vis was 3' to 70' and 5 divers took up the challenge at the Shark Gutters. Lots of various fish, Moorish Idols, Cuttlefish and Swimthroughs. On the Merimbula the dive was 60ft and there were weedy Sea Dragons, Morays and Old Wives. (Why are there never any young wives?)

Drum and Drumsticks has the big cave with a multitude of fish in different cavities. There were Banded Coral Shrimp, a Bleakers Blue Devil fish and a Butterfly Cod. Carol's charisma and charm resulted in a few tender moments with a Cuttlefish which tried to attack her!! Where

GEAR FOR SALE:

Guy Sands has an underwater video camera for sale at a very affordable price. For details ring Guy on (H)747 6962 or (W)018 251149

The next meeting will be held at Georges River Sailing Club on Wednesday 16th May at 8:00pm



FORMAT

Arrive at approximately 7.00pm and you may have a free wine tasting until 8.00pm. This will enable you time to purchase any liquor requirements for the evening's activities. (All purchases will conclude at 8.00pm). Cold wine, beer, spirits and soft drinks are available at our Cellars, and there are refrigeration facilities at the Dance to keep your purchase cold.

At 8.00pm, the evening's activities start as we adjourn to the Dance. The Woolshed was in use up until the later 1930's. The original section was constructed around 1890 and had facilities for shearing around 2,500 sheep. In later years it was converted to an all purpose shed and dairy, but still retains the flavour of its original use, with farm implements and artifacts of the by-gone era.

The first course is soup and damper followed by your 2nd course which will be served between 8.30pm and 9.30pm and consists of barbequed bush steak and a variety of colonial salads (summer) or hot farm vegetables (winter); followed by a choice of two desserts. Tea and coffee are available after dinner. Also, corn will be served as a late night snack. While dinner is being served, you can sing along or dance to the Bush Band.

Vicary's Famous Woolshed Dance is now in its fifth successful year and we are quite sure that you will have a great night's fun and entertainment, as have had the many thousands of happy patrons in the past.

Your evening will conclude at 12.30am on Saturday and 12.00 midnight on Friday (hence the price difference).

P.S. Casual dress or bush attire is advised, with low heels for the ladies. A fun night is guaranteed for all.

Calcs can judge a loading

THE NSW Boat Owners Association (NSWBOA) has released a formula which can be used to calculate the number of passengers any vessel can safely carry.

It has presented the formula and recommendations for legislation to Premier Nick Greiner and the Maritime Services Board.

Association president, David Vance, said this formula was a stop-gap measure which could be used until the MSB announced a precise passenger loading for each registered vessel.

That loading will be calculated from data which the MSB has on file.

"That loading should be printed on each vessel's registration papers and should be visible on a small on-board badge," Mr Vance said.

The formula is:

For enclosed waters, in fair conditions, use overall length of vessel.

For outside waters, in fair conditions, use waterline length of vessel.

Divide the length of the vessel by its beam.

Multiply that figure by seven for displacement type boats; by 4.5 for semi-planing types or by two for planing or runabouts.

As a general rule, no more than one-quarter of the total should be on the flybridge of a cruiser.

A displacement vessel is one which goes through the water with little lift of the bow.

A semi-planing vessel's bow lifts at speed, partly on top of the water.

Anyone interested in joining NSWBOA — a type of non-profit NRMA for boat owners — should write to PO Box 21, Cremorne, NSW, 2090.

S.C.U.B.A.

Saint



George

CLUB

P.O. BOX 357 CRONULLA NSW 2230

MAY '90

Past Events

TERRIGAL

Sat&Sun 28th/29th April

Foggy's Cave turned out to be pretty foggy this time. Vis was down to 1 metre, Beydon disappeared soon after descent, Robin decided to go back to the boat, Don's torch gave up the ghost, just as Barry slipped his tank. Then Barry and Don returned to the boat where Beydon decided to do a boat swap and went back with someone else!!!

SHELL HARBOUR

Sunday 13th May

Diving was good with 60' vis on both dives. Lots of shark gutters, coral, sponges, blue groper and a Port Jackson was also seen.

ULLADULLA

Saturday & Sunday 26/27th May

We will be camping at the "Ulladulla Caravan Park" (Ph: 044 522 457) on Friday and Saturday nights. Please note: It is the responsibility of each club member to pay his own camping fees.

Directions: Take the first street (South Street) on the left after passing the "Marlin" Hotel at Ulladulla. The gates to the camping area will be closed at 10:30pm.

Cost: \$55.00 for three dives.

Tanks can be filled between dives at the Ulladulla Dive Shop. We will be diving with the Ulladulla Dive Shop (ph: 044 555 303 - Rob Thorman) For bookings, ring Geoff Sanders on 526 2424(H) or 211 2499(W)

FORSTER/SEAL ROCKS

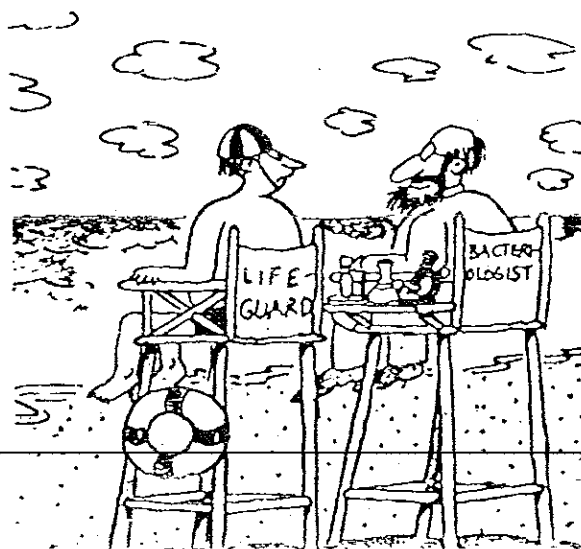
Saturday 9th - Monday 11th June (Queen's Birthday Long Weekend)

We will be camping at the "Forster Camping Reserve" (Ph: 065 546 269) On Friday, Saturday and Sunday nights. Please note: It is the responsibility of each club member to pay his own camping fees.

Directions: Travel West along Head St., Forster until you reach the last roundabout before the bridge, at this roundabout turn into Reserve Road to reach the camping area.

Cost: \$88 for four dives, (Includes dive at Seal Rocks subject to weather conditions)

Tanks can be filled between dives at the Dive Shop at Forster. We will be diving with the Fisherman's Wharf Dive Shop" (Ph: 065 547 478 - Ron Hunter). For bookings, ring Geoff Sanders.



VICARY'S WINERY & BUSH DANCE

Saturday 23rd June

(South Pacific film night)

The coach will be leaving the "Moore's Tours" depot, 76 Whitfield Parade, Hurstville Grove at 5:00pm sharp. The next pick-up point will be on the Kingsway (Southern side) near the corner of Taren Point Road, Caringbah at 5:20pm. The next pick-up location will be at the BP Garage on the Princes Highway just before the Heathcote Road turn-off at Heathcote at 5:45pm. The last pick-up will be at Moorebank Bus Shelter between the two roundabouts on Heathcote Road (near Nuwarra Road) at 6:00pm.

Members can leave their cars at 19 Flide Street, Caringbah if they wish, they are also welcome to stop overnight - just bring an air bed and sleeping bag. Do not forget to wear comfortable shoes as bush dancing can be quite lively. There are still some places left, so be quick and ring Geoff Sanders.

Cost \$38.00, includes return coach transport, wine tasting, dinner and bush dance. (See April Newsletter for further details)

Coming Up

PORT HACKING

Sunday 1st July

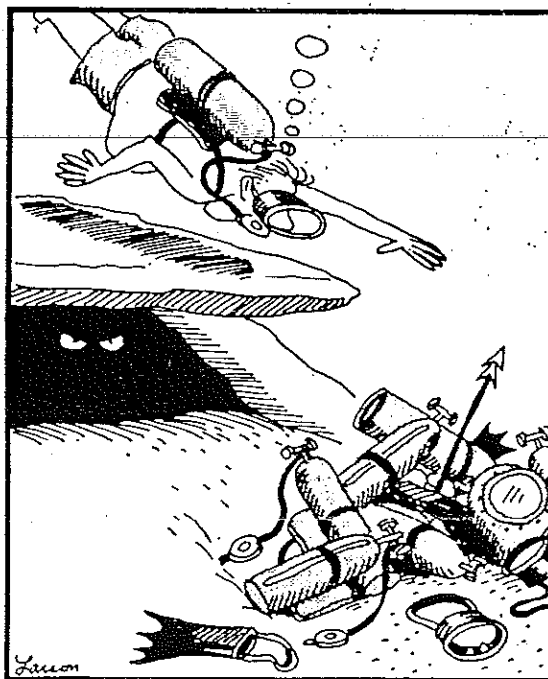
Cost: \$20.00 for one dive.

LONG REEF (THE WALL)

Sunday 15th July

Cost: \$20.00 for one dive

Bookings for the above two dives will commence at the June Club Meeting, and afterwards by ringing Geoff Sanders.



CIGARETTES AND DIVING DO THEY REALLY MIX?

"Smoking causes heart disease, Health Authority warning'. This quotation is quite common, and there is nobody that disputes the validity of it. All divers realize that cigarette smoking is hazardous to one's health, but few realize that there are additional dangers for divers who smoke cigarettes because of the added effects of pressure associated with the diving environment.

When thinking about cigarette smoking and diving, the first thought that comes to mind for most divers is the reduced wind capacity that cigarette smokers experience and that this will make diving more strenuous for them and accordingly reduce their breathing efficiency. This outlook is very simple and is generally correct. The reason for the decrease in the wind capacity of chronic cigarette smokers can largely be attributed to a narrowing of the air passages, damage done to the delicate lung tissues, and the formation of carboxy-hemoglobin.

The second consideration deals with carboxyhemoglobin. Carboxyhemoglobin is formed when the carbon monoxide

component of cigarette smoke binds to the hemoglobin in the blood. This greatly reduces the oxygen transport ability of the cardiovascular system. The reduced level of oxygen transport caused by the carbon monoxide from a single cigarette may reduce both a diver's physical and mental capabilities by as much as 10 percent. This reduction of physical and mental capability could prove disastrous should an emergency arise.

A more subtle problem associated with smoking is that inhalation of the smoke from a cigarette causes a two-to-threefold rise in airway resistance within seconds, which may last 10 to 30 minutes. The causative factor is not nicotine as one might expect but is instead particles that have a diameter smaller than one micrometer and that affect the sensory receptors in the airway path. This in turn causes the cilia in the respiratory tract to become nonmotile for several hours and also stimulates mucus secretion.

Coupling these two reactions together may result in partial or complete airway obstruction by the stationary mucus. It is this partial or complete airway obstruction that is of great danger to a diver. Should air become trapped in small pockets within

the lungs by stationary mucus, it is readily apparent that the delicate tissues of the lungs could be damaged during a normal ascent from depth. This would result in an air embolism.

In other words, cigarette smoking could lead to lung overexpansion problems (just like holding one's breath during ascent would) even though the diver is breathing normally.

Ideally, the information presented would discourage divers from smoking altogether. Realizing that this is unlikely, it is highly recommended that divers avoid smoking cigarettes for at least two hours prior to any dive.

— "Discover Diving"

The next meeting will be held at Georges River Sailing Club on Wednesday 20th June at 8.00 pm.



JUNE '90

Past Events

ULLADULLA

Sat & Sun 26th/27th May

This was cancelled due to an overwhelming lack of patronage and weather conditions.

FORSTER/SEAL ROCKS

Queens Birthday Weekend - Sat-Mon 9th-11th June.

After a little warm up swim through the surf, 9 divers climbed aboard the boat which took them speedily out to Big Seal and the famous Grey Nurse Sharks.

The South Eastern point was the best place to enter and we virtually dropped right into the grotto where the sharks are always found. What a sight! About 8 sharks were cruising around and everyone had lots of fun swimming around watching all the action and taking photo's. Vision was about 40 feet.

Unfortunately the well known (intelligent) Giant Turtle was no-where to be found.

2nd dive was at Skeleton Rock. A great spot with lots of fish life. However, with the swell rising there was a bit of surge in the shallow spots. We didn't see any skeletons though!

On the Sunday we dived 'The Pinnacle' - a good half hour run from Forster. We dived at 33 metres and divers saw hundreds of Red Morwong at what appeared to be some kind of cleaning station. Water was warm and clear, about 50 feet.

Special Note: Nothing at all happened to Beydon Sherwood this weekend... disappointing Beydon!

What's Next

PORT HACKING

Sunday 1st July

The boat will be leaving Gunnamatta Bay Wharf at 10.30 am (note change of time & venue). The charter boat that we will be using is called 'Cape Baily'

Cost: \$20.00 (one dive)

For bookings, ring Geoff Sanders on 526-2424 (h) or 211-2499 (w)

LONG REEF (THE WALL)

Sunday 15th July

Meet at the Collaroy Basin Boat Ramp at the end of Anzac Avenue, Collaroy Beach at 9.00 am, bring a picnic lunch.

We will be diving with "Pro-Dive" (Manly) [Ph: 977-4355, Joe Ellams]

Cost: \$20.00 (one dive)

For bookings, ring Geoff Sanders.

Coming Up

JERVIS BAY

Saturday & Sunday 28/29th July

Cost: \$55.00 for three dives.

Bookings will commence at the July Club Meeting.

BUSH WALKING WEEKEND IN THE BLUE MOUNTAINS

Saturday & Sunday 18/19th August

Details to be advised at the July Meeting.

Cronulla Dive Specials: only available until the end of June - be quick if you are in need of some new gear.

MEMBERSHIP RENEWALS:

Membership fees are now due.

The completed membership form together with the fee of \$8.00 can be sent direct to Geoff Sanders at 19 Flide Street, Caringbah 2229 or brought to the next club meeting.

Special Note:

Congratulations to Al Barning and Jan Baetz who married recently. This is the first of many knots they will be tying as they soon set sail to all the exotic ports of the world. Best wishes from all your friends.

Two recent family additions for 2 of our members, a daughter for Sue and Peter Moxham and a son for Debbie and Peter Clements. There may have to be a baby sitting "Creche on the Beach" organised to cater for the current baby "divers to be" boom.

Gear for Sale

1x27" standard men's racing bike - includes toe clips, rack, 10 speed gear box. Excellent condition Phone Robert Mapstone H: 520-5346 or W: 599-4555.

1x Red boys BMX bike. Suitable for 4-8 years old. Includes helmet - \$75.00 ring Helen Kyriacos H: 59-1988 or W: 519-1544

Next meeting will be held at Georges River Sailing Club on Wednesday 18th July at 8.00pm.

JULY 1990

Past Events

VICARY'S WINERY

Sat. 23rd June

37 members managed to get through our annual romp to Vicary's this year. The events ranged from tasting vicary's classic selection of wines.....#?# ???-to feasting on country cooking,- dancing till you could hardly stand or just sitting by the old log fire. Great night with lots of membership support - more of it!



PORT HACKING

Sunday 1st July

Overcast day and the seas were choppy for this dive which ended up at Osbourne Shoals due to the wind conditions. Vis was 30'-35'. There were plenty of leatherjackets around - just as well - the water was 14°C.

LONG REEF

Sunday 15th July.

An overwhelming vote changed the dive venue from "The Wall" to the wreck of "The Dukenfield". 7 members turned up on a beautiful sunny Sunday morning. The sea was like a mirror, there was no current, the vis was 50' and an excellent dive for less experienced members who want to dive wrecks. Lots of bits and pieces around but totally protected of course by the Historical Shipwrecks Act
Top dive for a winters day!

What's Next

JERVIS BAY

Sat. and Sun. 28/29th July

Campsite "A19" has been booked at 'Green Patch' for Friday and Saturday nights.

Camping Fees: \$2.00 per person per night. (plenty of hot water for showers). The Boat will be leaving Green Patch Beach at 8.00am for the first dive on Saturday. It would be advisable to take two tanks.

Note: Bring some food for the BBQ on Saturday night.

We will be diving with "Pro-Dive" (044 415-255) Cost: \$55.00 for three dives.

For bookings or further information, ring Geoff Sanders on 526-2424 (H) or 211-2499 (W).

ST JOHNS AMBULANCE FIRST AID COURSE

The weekend of the 1st/2nd September - a full weekend of First Aid. Well worth attending in readiness for the up-and-coming Summer Season. The course runs both days, 9am-5pm and covers all aspects of first aid. The course costs \$80.00 but the club will be heavily subsidising the fee, members can expect to pay only about \$30.00!! The course will be held at the Caringbah Community Clinic (126 Kareena Road - next to the Ambulance Station). The cost includes examination and certification. The examination will be held the following Wednesday or Thursday night (2hrs). Anyone interested should contact John Gordon preferably by mid August.

SURF LIFE SAVING ADVANCE RESUS COURSE

This course is open to anyone interested provided that they currently hold the Senior Resus Certification. It covers advanced techniques including use of the OXY-VIVA. There is no fixed location or dates for this course. As soon as we have about a 1/2 dozen or more people, we'll arrange something. The course will take approximately 5 nights (consecutive Thursdays) - 2 1/2 hours per night. The cost of this course is about \$30.00, but again the club will heavily subsidise this. Anyone interested should contact John Gordon.

STOP PRESS

The 1990 Scuba Expo is on at the Showground from the 19 July (Thursday) to Sunday the 22 July. St. George Underwater Centre will be taking part as an exhibitor, and will be having show specials on some equipment and courses sold at the show. These specials are available to club members who can't make it to the show for one week prior and after the show.

These include:

- Neptune Alpha wetsuit, was \$295, Spec-\$250
- Neptune Pacific Wetsuit, was \$395, Spec-\$350
- U.S. Divers Regs & Gauges - 15% off
- U.S. Divers Impulse snorkle, was \$59, Spec \$50

All Members Please Take Note!

AUGUST CLUB MEETING Wednesday 15th August

SPECIAL GUEST SPEAKER

MR. MARTY McGLOIN -
from Moray Industries

Marty is coming to talk to us about the latest in dive computer technology. He will be bringing sample computers that members can use to simulate dives, bottom times - deco. limits, so you can have a chance to try it for yourself. Marty handles many brands and models and will be talking about the manufacturers different techniques to calculate dive profiles.

He will also bring literature on all these computers for you to take home and peruse.



Don't miss this chance to try for yourself - an opportunity not to be missed!

Gear for sale

Fully serviced Nikonis 3A Camera
SB101 Strobe 1 x 1 Macro lens

Price \$999.00 ONO

Carol Brooks - Phone: (H):758 2983 (W) 708 7353

Next meeting 8.00 pm sharp at Georges River Sailing Club. Wednesday 15th August 1990.

AUGUST '90

Past Events

JERVIS BAY

Sat-Sun 28/29th July

As there were not enough bookings taken this weekend was postponed to a future weekend.

What's Next

WRECK DIVE-THE DUNBAR

Sunday 26th August

Meet at the Watsons Bay wharf at 9.00am (note change of meeting place). We will be diving with Pro-Dive (Manly) Ph:977 4355-Joe Ellams.

Cost:\$20.00- One dive

For bookings or further information, ring Geoff Sanders on (H)526 2424 or (W) 211 2499.



SOCIAL ACTIVITY -PHU-KET RESTAURANT

B Y O

Saturday 1st September

Our venue for our dining out activity is the Thai restaurant PHU-KET which has been reviewed by Cheap Eats in Sydney as the best Thai food in the Sutherland Shire. The menu is delightful and will definitely satisfy the most discerning gourmet- especially at the prices!

Details: Meeting at 7.30pm: Phu-Ket Restaurant
357 Kingsway Road, Caringbah
Ph: 524 9699

For bookings or further information please phone Carol Scrimshaw (W)318 2055 or (H)437 4306.

BROUGHTON ISLAND

Sunday 16th September

On Saturday we will be diving at Catherine Hill Bay.(tank dive and snorkelling).

*Directions:*Take the Doyalson exit from the freeway.Meet at the Catherine Hill Bay turn off at 10.00am.This turn off is approximately 16 km north of the Doyalson traffic lights along the Pacific Highway and opposite the Cams Wharf turn-off. Tanks can be filled at Swansea after the dive.

Bring a picnic lunch, as there are no shops in the vicinity of the dive site. We will be camping at the Bardouroka Caravan Park (Ph: 049 811 473) at Fingal Bay on Saturday night.

Please Note: It is the responsibility of each club member to pay his own camping fees. We will be leaving for Broughton Island on Sunday morning at 8.00am from the Little Beach marina (turn left into Dixon Drive just before the RSL Club). Bring some lunch as we will be spending the full day at Broughton Island. The charter boat that we will be using is associated with the Scuba Shack Dive Shop at Little Beach Marina (049 811 015)

Cost: \$30.00 for two dives. (two tanks will be required). For bookings ring Geoff Sanders.

Coming Up

MONTAGUE ISLAND

Sat. 29th September - Mon. 1st October (Long Weekend)

If diving with playful seals appeals to you then this weekend is a must! Book early to avoid missing out. The cost of \$75.00 (same as last year) covers three nights accommodation at Malua Bay and two dives at Montague Island on the Sunday. Local dives will be organised for Saturday and Monday at Malua Bay. A deposit of \$30.00 is required by the September Club Meeting (19.9.90). Bookings WILL NOT be accepted if the deposit is not paid by this date. Bookings will commence immediately by ringing Geoff Sanders.

KURNELL

Sunday 14th October

Shore dive with BBQ afterwards

Membership Renewals

Membership fees are now overdue. - This newsletter will be the last sent to unfinancial members. The completed membership form MUST accompany the \$8.00 fee, and can be sent direct to Geoff Sanders at 19 Flide Street, Caringbah 2229 or brought to the next club meeting.

Annual General Meeting and Club Elections

Wednesday 19th September 1990

It is very important that ALL members try to attend this meeting. The future of your club is in the hands of the committee that you elect - **BE THERE!** The meeting will be at 8.00pm on Wednesday 19th September at the Georges River Sailing Club

The Club wishes to thank Marty McGloin for his comprehensive and informative talk on dive computers at our last Club meeting. Any members interested in buying a computer should contact Marty for any information on all brands of computers currently available.

Gear for Sale

Guy Sands has an Underwater Video Camera for sale at a very affordable price.

For details ring Guy on (H) 7476962 or (W) 018 251149.

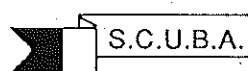
1 x Appollo BCD - Colour: black, Size: large, as new (used on 8 dives only) Price: \$300.00

Phone Darren Crewes: 522 8822 after 4.30pm for details.

1 x Honda Prelude 1985 Model - Automatic - Colour: Silver - In mint condition.

Ring Ian Champion: (H) 529 4914 (W) 662 9245

The next meeting will be held at Georges River Sailing Club on Wednesday 19th September at 8.00pm.



Saint



George

CLUB

P.O. BOX 357 CRONULLA NSW 2230

OCTOBER '90

Past Events

MONTAGUE ISLAND

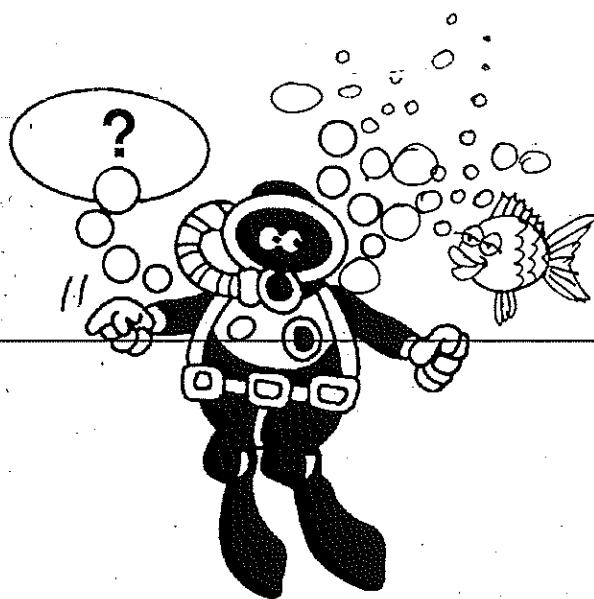
Sat 29th Sept - 1st October

Rain and wind prevailed as it does on most long weekends. No diving meant that hopes were high for "Sundays dive with the seals". Lo and behold! Neptune was with us and our seal dive made it well worth the trip. Lots of seals at depths to about 20 metres with viz about 6-10 metres. Geoff and Victor were bullied at one stage by a very territory proud inhabitant while Helen and Steve had an easy dive till they surfaced to find that the boat had been shifted. Second dive was the "Bubble Cave" on the north western side of the island with a few large fish - Tasmanian Trumpeter, Morwong etc. Monday the rain started again prompting an early start for home.

KURNELL

Sunday 14th October

"Are you crazy!!!" With swells of 9 metres at the Heads there were not too many takers for this dive so it was deferred 'till a later date.



What's next

TERRIGAL

Sunday 25th October

Dive will be with Les and Fran Graham meeting at the Dive Shop which is located in the sailing club building at *The Haven*. First dive is at 9.30 am and Geoff is taking bookings Tel H: 526-2424, W: 211-2499). Phone number for the dive shop is 043-841-1219. Cost is \$20 for the first dive and \$15 if you feel like a second dive.

KIAMA

Sunday 11th November

Meet on the eastern side of Kiama harbour at 10.00 am.

Cost is \$30 for 2 dives and tanks can be filled between dives. For bookings again contact Geoff Sanders on the above numbers. We will be diving with Harbour Seasports - Tel: 042-323-510 Terry Anderson.

NORAH HEAD

Sat 24th/Sun 25th Nov.

We will be camping at the Norah Head Caravan Park (043-963-935) on Friday and Saturday nights. Please note that it is the responsibility of each club member to pay his/her own camping fees.

Directions: Turn off the freeway at the Toukley exit at Sparks Road and proceed through Toukley to Norah Head. The camping area is in Victoria Street.

First dive is at 8 am from the Cabbage Tree Harbour boat ramp and the cost is \$55 for 3 dives with tanks filled between dives. A BBQ will be organised by the dive shop on Saturday night - all food provided for \$2 PER HEAD (yes that is \$2 each *no sorry not per couple*). Again the man for bookings is Geoff Sanders on H: 526-2424 or W: 211-2499. The charter boat we will use belongs to the Norah Head Dive Shop and their Tel: is 043-963-652 - contact is Brian English.

Coming Up!

CHRISTMAS PARTY

Sat 1st December

Dinner will be a spit roast to be held at the home of Bill Harrison at Kogarah.

Cost is \$10 per head with bookings being taken immediately by Geoff. More details in the November Newsletter.

PORT HACKING

Sunday 9th December

Cost \$15, and what else is there to know? Further details at the November meeting.

Notes and News

The club congratulates Judy Morris and John Gordon, Don Pike and Geoff Sanders on their successful completion of the St Johns Ambulance First Aid Course. It is hoped that all members will recognise that this was an intensive course and that these members gave their time to make our club a little safer should the need ever arise.

The committee was disappointed at the poor attendance of the October meeting. We did have an unusual number of members on various holidays but for the rest... *where were you?* This is your club and we would like your support. If you are not happy about the events being organised then all the more reason to attend the meetings and voice your ideas. We would like to organise events that YOU are interested in. At the next meeting, Michael Cufer will be showing slides of his trip to Fiji and they are well worth the night. Please come along. This meeting will be held on Wednesday 21st November as usual at the Georges River Sailing Club at 8.00 pm.

Other events for your diary:

Medical Seminar on Safe Diving Practices at the Prince Henry Hospital, Clinical Sciences Building, on Monday 12th November at 6.30 pm to 10.30 pm at a life saving cost of only \$10.

Water Safety Display and Seminar at the St Georges Motor Club on Friday November 9th from 9.30am to 4.30pm, Cost \$25.

Sydney Wreck Diving Seminar at Concordia Club, Stanmore on Wednesday 28th November at 7.30pm.

The next meeting will be held at Georges River Sailing Club on Wednesday 21st November at 8.00 pm.

CHRISTMAS PARTY

Saturday 1st December



Our Christmas party this year will be held at Bill Harrison's home, 27 Marshall St, Kogarah (Ph: 587-6054).

We are having a spit roast for dinner, with all food and snacks provided. All you need to bring are drinks and your swimmers, as Bill has a great pool in his back yard. The Party will get underway from 5.00pm cost: \$10 per person. You can book for our culinary extravaganza by ringing Geoff Sanders on (H)526-2424 or (W) 211-2499, members friends are also welcome to join us.

PORT HACKING

Sunday 9th December

Meet at Dolan's Bay Wharf at **11am** (*note new meeting time*)

Cost: \$18.00

Bring a picnic lunch as we will be returning to jibbon beach after the dive.

For bookings ring Geoff Sanders.

Coming Up

KURNELL (CAPE SOLANDER)

Sunday 13th January

Dive and Picnic.

ULLADULLA

Saturday 26th to Monday 28th January (Australia Day long W/E)

Cost: \$100.00 for five dives.

Next meeting -

19th Decemberand for those that can't manage directly after their Christmas parties the next meeting will be on 16th January, ... so mark both of those in your diaries.

NOVEMBER '90

Congratulations to all those members that attended the November meeting - and that was about 70% of financial members list! You must have known what an incredible show Michael Cufer was going to offer.

Michael's slides of the Fiji region were superb and very befitting of his professional status. Most of us "Australian water divers" didn't realise how beautiful the diving could be in Fiji - or was it just Michael's photography?

Next month our President, John Gordon, is going to give us a similar show of his trip to the Phillipines. So this is another meeting not to be missed.



Past Events:

TERRIGAL -

Sunday 28th October

What a way to bring in daylight savings! A nice early dive at Terrigal was enjoyed by five of our members. Viz was only average at about 6 metres but the dive was quite good. John and Bill explored about 90% of the immediate area - power divers, while Helen, Linda and Steve had a slow easy dive playing with the Port Jackson sharks. The sharks didn't mind a playful pat - which is more than could be said for the divers. Linda decided to try a "safety exercise" by throwing away her weight belt during the dive to check the alterness of her buddies - *good try Linda!* After the dive we had a great day in the sun with Bill and Linda showing us their skills on a catamaran.

KIAMA -

Sunday 11th November

Unbelievable! Another beautiful day for a great dive.

The southerly sprung up as we waited for the boat so the dive was just to the north of the lighthouse just off the point. The gorgonias were fantastic and just so prolific. Lots of soft corals and small invertebrates. This time it was Keith who practised clearing his mask most of the dive - and he still enjoyed it. Helen wanted mark the spot that the dive leader picked up the Shovel Nosed Cray - *and put it back*. After the dive a picnic in the sun and catching up on some more socialising to round out another perfect day.



DECEMBER '90

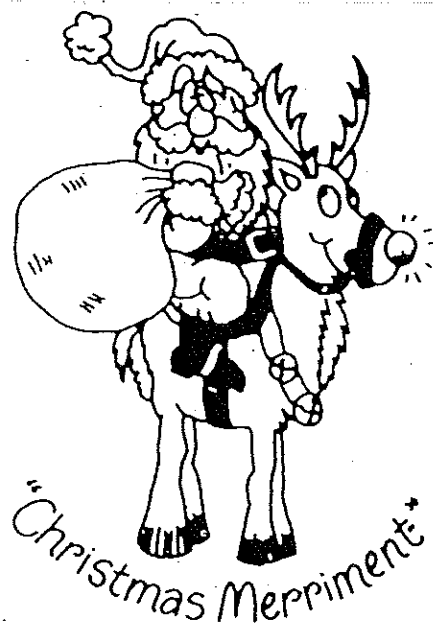
Once again a big turn out at the December Club Meeting. Its good to see our members taking more interest in the clubs activities.

Thanks to John Gordon for his excellent slide presentation on the Phillipines - I think John might be a big contender at the South Pacific Divers photographic competition this year.

Last Month

CHRISTMAS PARTY

Sat Dec. 1st



Our Christmas Party was once again a great success and everyone had a bit of Christmas spirit!! Lots of thanks to Bill and Debbie for the use of their home, to Rodger for cooking that scrumptious butt of beef on the spit and to all the Committee for all their contribution.

PORT HACKING

Sun Dec. 9th

6 Divers went out with Les Caterson from Dolans Bay Wharf. It was an overcast day at Barons Hut. Good diving with 40' vis and no current.

With the rain starting to set in, lunch on Jibbon Beach was out so a quiet lunch was had on the boat in the harbour and back to Dolans Bay about 2.00pm

What's Next

KURNELL (CAPE SOLANDER)

Sunday 13th January

Meet at the main gate at 9.30am

Bring some meat for a BBQ after the dive.

Coming Up

ULLADULLA

Sat 26th to Mon 28th January (Australia Day Long W/E)

Cost \$100.00 for five dives

Bookings will commence immediately by ringing Geoff Sanders on 526-2424 (h) or 211-2499(w)

Note: A deposit of \$50.00 will be required by the January club meeting (16/1/91)

PORT HACKING

Sunday 17th February

Cost: \$20.00 one dive

Bookings will commence at the January club meeting and afterwards by ringing Geoff Sanders

ANNIVERSARY DINNER

Wednesday 20th February (club meeting)

Nursery Notes

Congratulations to Judy and Terry for the arrival of their newest little diver- a bouncing 9lb 13oz baby boy named "Brandon"

Next Month

Michael Cufer & John Gordon will be combining their talents to give us a slide presentation on **SYDNEY WATERS**.

You will be amazed at how many species of Marine life are found only off the coast of NSW.....DON'T MISS IT!

The next meeting will be held on Wednesday January 16th 1991 at The Georges River Sailing Club at 8.00 pm sharp.

**MERRY
CHRISTMAS & A
HAPPY NEW YEAR**
St. George Scuba Club

Skyline drivers smartest: NRMA

By ALAN KENNEDY
Motoring Editor

The annual NRMA survey to find Australia's "most intelligent" drivers has narrowed the field down to owners of Nissan Skylines - with Toyota Celica owners at the bottom of the list.

The survey, conducted by the NRMA and motoring associations from other States, goes under the title of Vehicle Break-down Survey.

But "break down" seems to cover a multitude of sins, including locking your keys in the car and running out of petrol and, as a guide, probably says more about the owners than the cars.

The survey looks into the data banks and ranks almost 16,000 vehicles attended to by road service patrols. The vehicles surveyed are only models built between 1987 and 1990.

From this, the NRMA is able to say - for the second year running - that the Nissan Skyline has topped the list of the cars least likely to break down.

It also allows Mr Richard Cox, general manager of the NRMA, to say: "Two Toyotas filled the worst category of well below average. Of the 28 individual models ranked, Toyota Tarago and Toyota Celica were the worst performers."

In the list of makes, a Mercedes-Benz was least likely to break down. The worst performers: Jaguar, Rover and Alfa Romeo.

Motoring companies who did well will no doubt be crowing

but those who did not may be wondering what it all means.

A look at what constitutes a breakdown shows that locking the keys in the car constitutes 18 per cent of calls - hardly a fault of the manufacturer.

But calls from cars with low battery charge made up 24.4 per cent and cars with batteries failing to charge formed 15.6 per cent.

Running out of petrol also constituted a fault, with 1.8 per cent of calls accounting for that. Dirty battery terminals accounted for 4.9 per cent of calls and a wheel change 4.9 per cent.

A close reading seems to indicate, therefore, that rather than being a survey of which cars break down, it is more a survey of which owner doesn't leave his or her lights on and who doesn't lock their keys in.

To a lesser extent, it shows who can't read their fuel gauge and who is not strong enough to get the nuts off the wheel so they can change a tyre by themselves.

And there would appear to be a case for manufacturers to upgrade the sort of batteries they put in their cars.

Lovers of trivia should note that the Nissan Skyline has just ceased production. A spokesman for Nissan Australia said yesterday that the last Nissan Skyline rolled off the production line in October.

One of the reasons for halting production was that demand had fallen below the minimum production level set down by the Federal Government's car plan.